

6-Month Daily Schedule for UPSC Prelims 2026

This 6-Month Daily Schedule for UPSC Prelims 2026 is designed for aspirants preparing for the Civil Services Examination. It includes month-wise targets, daily study routine, subject prioritization, and mock test plans for both GS Paper 1 and CSAT.

Overview of the 6-Month Plan

Duration	Focus Area	Primary Goals
Month 1–2	NCERTs + Concept Building	Strengthen Basics
Month 3–4	Standard Books + Practice	Reinforce Knowledge
Month 5	Mock Tests + Revisions	Identify Weak Areas
Month 6	Final Revision + Confidence Boost	Exam Readiness

Sample Daily Schedule

Time	Activity
6:00 AM – 7:00 AM	Wake up, exercise, and prepare for the day
7:00 AM – 9:00 AM	Study Session 1 – Core subject (Polity, History, Economy)
9:00 AM – 9:30 AM	Breakfast / short walk
9:30 AM – 12:00 PM	Study Session 2 – Current Affairs + Newspaper analysis
12:00 PM – 1:00 PM	Lunch and power nap
1:00 PM – 3:30 PM	Study Session 3 – Static subject continuation / optional
3:30 PM – 4:00 PM	Tea / relaxation
4:00 PM – 6:30 PM	Study Session 4 – CSAT / Practice papers
6:30 PM – 8:00 PM	Dinner / light exercise / relax
8:00 PM – 10:00 PM	Revision + note-making
10:30 PM	Sleep

Month-wise Summary

Month 1 – Foundation Phase (NCERTs): Focus on NCERTs from Classes 6–12, cover core subjects, start reading newspapers, and practice CSAT basics.

Month 2 – Standard Books + Current Affairs: Start standard UPSC books, integrate current affairs, revise NCERTs, and attempt mock tests.

Month 3 – Concept Strengthening: Solve PYQs, add Environment and S&T, begin intensive practice, maintain error log.

Month 4 – Revision & Test Phase: Second revision cycle, attempt multiple mocks weekly, improve accuracy, and focus on high-weight topics.

Month 5 – Mock Test & Notes Finalization: Take full-length mocks, time management, finalize short notes, and analyze test errors.

Month 6 – Final Revision & Confidence Boost: Revise short notes, focus on current affairs, attempt 5–6 full mocks, and stay calm.